

## Energy

### What You Need To Know:

**The Physics** This lab is going to cover all of the different types of energy that you should be discussing in your lecture. Those energy types are kinetic energy, gravitational potential energy, and spring potential energy. In the following paragraphs, we will discuss when each of these energies is present.

**Kinetic Energy** If an object is moving then it has *kinetic energy*. This implies that the equation for kinetic energy is based on the speed of an object ...

$$KE = \frac{1}{2}mv^2$$

$KE$  is the kinetic energy of an object (in Joules, J)  
 $m$  is the mass of the object (in kilograms, kg)  
 $v$  is the speed of the object (in meters per second, m/s)

Note that the unit of the kinetic energy is a *Joule* which is the unit for all energy types in physics. Also, any type of energy is scalar in nature (i.e. there is no direction associated with it.).

**Gravitational Potential Energy** Energy that is based on the location or displacement of an object is *potential energy*. This type of energy is based on a reference point (your origin). The equation for *gravitational* potential energy is ...

$$PE_g = mgh$$

$PE_g$  is the gravitational potential energy (in Joules, J)  
 $m$  is the mass (in kilograms, kg)  
 $g$  is gravitational acceleration (in meters/second squared, m/s<sup>2</sup>)  
 $h$  is location of your object (in meters, m)

For gravitational potential energy you can choose your reference point at any location that you want. This has the interesting effect that if you are asked, “What is the gravitational potential energy of your object”, then you can always answer with “Zero”. Since you can place your reference point at any location that you wish you can always just place it at the object. In this case your location is zero ( $h = 0$ ) and therefore so is your potential energy. The problem is that the question is not specific enough. Whenever you are asked for the potential energy it has to be asked relative to some location. For example, “What is your potential energy relative to the floor?” The first thing you should always do when working an energy problem is to define your origin.

**Springs** The type of spring that you will be using in physics is a special type of spring that you can extend *and* compress [unlike a Slinky (™ Hasbro) which only extends and does not compress]. Usually, there will be an object attached to the

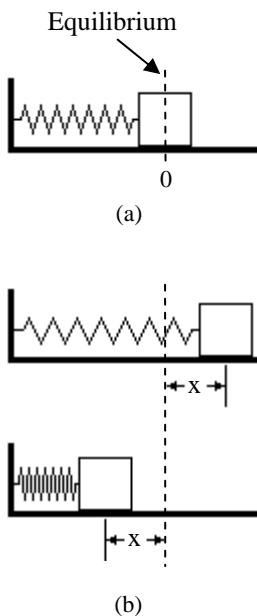


FIGURE 1 -  
Spring and box

spring. The location of the object when the spring is *neither* extended nor compressed is called equilibrium. See Figure 1a. The dashed line represents the location of equilibrium.

When the spring is extended or compressed there will be a force acting on the object due to the spring. This force is defined by an equation called Hooke's Law ...

$$F_{sp} = -kx \quad \left| \begin{array}{l} F_{sp} \text{ is the force of the spring (in Newtons, N)} \\ k \text{ is the spring constant (in Newtons per meter, N/m)} \\ x \text{ is the displacement from equilibrium (in meters, m)} \end{array} \right.$$

The spring constant,  $k$ , is a measurement of the force acting on the object relative to how far the spring is compressed or extended. Basically, it is the measurement of the stiffness of the spring. The displacement,  $x$ , is the distance that the object moves relative to equilibrium, extended *or* compressed. See Figure 1b.

**Spring Potential Energy** As was stated before, potential energy is based on the location of the object. Spring potential energy is no different ...

$$PE_{sp} = \frac{1}{2} kx^2 \quad \left| \begin{array}{l} PE_{sp} \text{ is the spring potential energy (in Joules, J)} \\ k \text{ is the spring constant (in Newtons per meter, N/m)} \\ x \text{ is the displacement from equilibrium (in meters, m)} \end{array} \right.$$

Since the displacement,  $x$ , can be either to the left or to the right of equilibrium, the spring will have energy stored in it regardless if it is extended or compressed.

**Conservation of Energy** The total energy for a system will be constant when there are *no* non-conservative forces acting on it. The non-conservative forces that you need to concern yourself with are friction forces and external forces (like someone pushing on a box). If you don't have these forces acting on your system, then you have the state of *conservation of energy* (CoE). The equation for CoE is ...

$$KE_I + PE_I = KE_F + PE_F$$

The subscripts of  $I$  and  $F$  stand for initial and final. This equation is the main idea behind CoE. All of the initial energy in your system, whether it's kinetic energy or potential energy (any type, gravity or spring), is equal to all of your final energy.

The initial and final locations in your system are left up to you to decide. This is an idea that students have some trouble with. It is, however, the key to making CoE an easy idea, especially if you have some kind of complicated motion happening in your system.

For example, let's say that you are on a roller coaster that is totally *frictionless*. The car is going to be moving along from **Point A** to **Point B** then **Point C**. See Figure 2 on the next page.

A roller coaster car is never pushed along so you can use CoE. When applying the CoE equation you need to decide where you are going to call your initial and final points. For example, you can say that the car starts at **Point A** and ends at **Point B** or you can say that the car starts at **B** and ends at **C**. Your kinetic and potential energies at these points are all going to be very different. Some will have zero *kinetic energy*. Some will have zero *potential energy*.

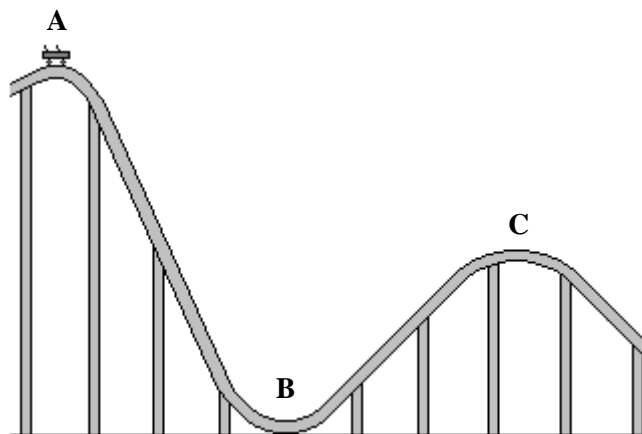


FIGURE 2 - Roller Coaster

This may sound very obvious but it's an idea that students get wrong quite often. This lab is going to stress this idea and ask questions relating to it.

### What You Need To Do:

**The Equipment** You've seen the equipment for this lab before. You'll just be using it in a different way. For example, you will be using a motion sensor. However, you won't find it on the table. It's above your head. You'll also be using a track and cart but now you will be using carts with a spring launcher on one end.

**Part 1 – Conservation of Energy With a Bag** In this section of the lab you will be dropping a bag from a certain height. A motion sensor will track the bag as it falls from a release point (however high you can reach) to 1 meter above the floor. We are defining location "zero" at the floor. So, the location,  $h$ , is with respect to the floor. The motion sensor has been calibrated so that it agrees with this system.

**Question 1** Based on what was discussed in the introduction, what types of energy will you be using for this situation? For each type, explain how you know you will be using it.

- A) Open the file called **ENERGY**.
- B) Make a chart in your lab report like **Chart 1**.

$h_I$	$PE_I$	$h_F$	$PE_F$	$v_F$	$KE_F$	$E_I$	$E_F$	%
		1.0						

CHART 1

**C)** Move both chairs away from your table. Have the shorter person from your group stand close to the computer so there is no interference with the motion sensor. Have the taller person hold the bag directly below the sensor (but not closer than 0.40 m). Push COLLECT on the computer and watch the screen until you see a line on the graph. When you see a *horizontal* red line release the bag by letting your hand fall away from it. NOTE: It helps to hold the bag at your fingertips. Also, do not throw the bag up first. You may want to practice this a few times before you take your data. You should get a nice smooth curve on your graph like in **Figure 3** (the “highlight” stuff comes later). If you can’t get a nice curve then grab your TA for help.

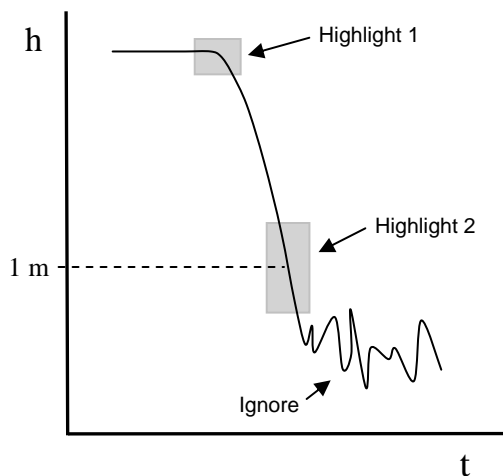


FIGURE 3  
*h* vs. *t* graph

**D)** We are going to define the *initial point* in the system as the point at which you drop the bag. State what kind of energy you have at this point and explain how you know this.

**E)** We are going to define the *final point* in the system at the point at which the bag is 1 meter from the floor. State what kind of energy you have at this point and explain how you know this.

**F)** Highlight the graph in the area for when you released the bag. **See Highlight 1 in Figure 3.** There are two shades of highlighting on this software. The darker shade should be like the one in the figure above. This happens when you move the mouse in 2 dimensions on the screen.

**G)** Push the button on the screen labeled STAT. A window will pop-up that has a reading labeled as “max”. Record this value in the chart as  $h_f$ . Close out of the pop-up window.

**H)** Highlight the graph in the area for when the bag is at 1 meter. **See Highlight 2 in Figure 3.** Make sure you highlight the line from *at least* 1.2 m to 0.8 m.

**I)** Push the zoom-in button on the screen (a little magnifying glass with a “+” sign). This will zoom in on your highlighted area.

**J)** Once you’ve zoomed, highlight the graph from 1.2 m to 0.8 m. If this range is not on the screen then zoom back out (a little magnifying glass with a “-” sign) and try again.

**K)** Once you have the correct highlighted area, push the “R=” button. This will give you a good approximation to the slope of the line at 1.0 m (right in the middle of the range). You used this same idea in the **Acceleration** lab doing the free-fall part, FYI. Record this value in the chart.

**L)** Go to the back of the lab and measure the mass of the bag using the digital scales.

**M)** Using your data, calculate the potential energy of the bag at the initial and final locations. Put these values in the chart.

**N)** Using your data, calculate the kinetic energy of the bag when it was at the final location. Put this value in the chart.

**O)** Calculate the initial and final total energies and put these values in the chart. Refer back to your answers from **D)** and **E)** if you having trouble with this.

**P)** Calculate a percent difference and put this value in the chart. If you get a percent difference that is greater than 10% then go back and find your mistake.

**Part 2 – Hooke’s Law** The cart on your table has a spring launcher that you will use to launch the cart along the track. In this section you will measure the spring constant of the spring.

**A)** Close out of **Energy** and open the software **GRAPHICAL ANALYSIS**.

**B)** Make a chart in your lab report like **Chart 2**.

**C)** Take the cart and stand it on end. Make sure that the plunger is NOT compressed. Also, take the cardboard square and center it on the plunger. **See Figure 2.** NOTE: At this point the plunger should NOT be compressed.

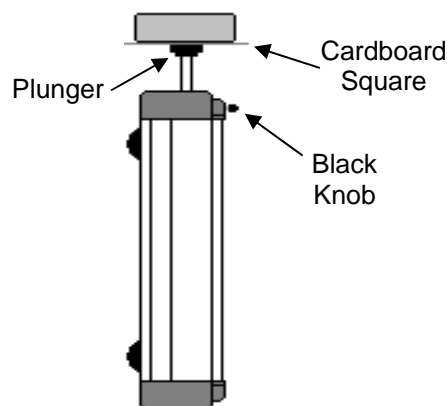


FIGURE 2 –  
Cart Standing  
on End

m	$x_F$	x	$F_{sp}$
200 g			
400 g			
600 g			
800 g			
$x_I$			
k			

CHART 2

**D)** Using the ruler, measure the distance from the table top to the cardboard square. This is the initial location of the plunger. Put it in the chart as  $x_I$ .

**E)** Place a total of 200 g on the cardboard square. This will compress the spring. Tap the mass to make sure that it is down as far as it wants to go.

**F)** Using the ruler, measure the distance from the table top to the cardboard square. This is the final location of the plunger. Calculate the compression distance of the spring by ...  $x = x_I - x_F$  and place this value in the chart.

**G)** Repeat this procedure for a total mass of 400 g, 600 g, and 800 g. HINT: When you stack the masses alternate the location of the slots so that the masses don't become lopsided and make the cart fall over.

**H)** The  $F_{sp}$  in the chart is the force due to the spring. Using what you've learned in the Force labs determine  $F_{sp}$  and place the values in the chart. HINT: Use F.B.D.s and summations. Also, there is no normal force, it's the spring force.

**I)** Place the values for the spring force in the y-column on GRAPHICAL ANALYSIS. (Make sure that your units are Newtons.) Place the values for the displacement in the x-column.

**J)** Push the "R=" button to determine the slope of the line. This is also the spring constant,  $k$ . Put this value in the chart. You will be using it later.

**K)** Explain in detail using an equation why the spring constant is equal to the slope of the line.

**Part 3 – Conservation of Energy With a Cart** You are now going to examine the types of energy involved in launching the cart. With the launcher armed you are going to place the cart against the wall. When launched, the cart will shoot out and eventually stop. The initial point will be right before the cart is launched. The final point will be right after the cart is launched and the spring is not compressed anymore.

**Question 2** Based on what was discussed in the introduction, what types of energy will you be using? For each type, explain how you know you will be using it.

**Question 3** What type of energy/energies do you have at the initial point? What type of energy/energies do you have at the final point? Discuss.

$x_I$			
$x_F$			
$x$			
$d_I$			
$d_F$		$t$	
$d_{F, Ave.}$		$t_{Ave.}$	
$d$			
$v$			

CHART 3

**A)** Make a chart in your lab report like **Chart 3**.

**B)** Position the track so that it is pushed up against (and in contact with) the black wall next to the computer. The track must remain this way during the launch.

C) Get the level from the front of the lab room and make sure that the track is perfectly horizontal. When you are finished, please return the level to the front of the room.

D) After making sure that the spring is *not* compressed, measure the uncompressed length of the plunger,  $x_I$ . See **Figure 3**. Place this value in the chart.

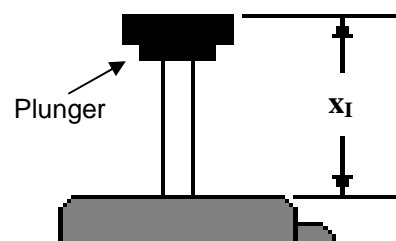


FIGURE 3  
Compression of Plunger

E) With the spring *uncompressed*, place the cart on the track with the plunger against the wall. Using the ruler that is attached to the track measure the location of the front of the cart,  $d_I$ . Put this value in the chart.

F) There are three launch positions for the spring in the cart. Slowly push in the plunger until it locks into the first position. If you are unsure about this then grab your TA for assistance.

G) Measure the compressed length of the plunger,  $x_F$ . (Same idea as in Figure 3.) Calculate the compression distance of the spring by ...  $x = x_I - x_F$  and place this value in the chart.

H) With the launcher armed, place the cart on the track against the wall. Once again, make sure that the track is pushed up against the wall.

I) You are going to use the metal rod as a way of launching the cart. There is a little black knob on the cart that, when pushed, will launch the cart. See **Figure 2**. Using the rod in a flicking motion (yes, like a wand), tap the black knob. Practice launching the cart so that the cart consistently stops at roughly the same point.

J) You are also going to be timing how long it takes for the cart to come to a stop. There is a timer on the table that you can use for this. Have one person launch the cart and the other person use the timer. Have a countdown to launch so you are both in sync. When ready, launch the cart. After the cart has stopped, measure the location of the front of the cart and place this value,  $d_F$ , in the chart. Also, record the time,  $t$ . Repeat this process 4 more times.

K) Calculate an average value of  $d_F$ . Place this value in the chart. Calculate the stopping distance of the cart by ...  $d = |d_{F,Ave.} - d_I|$  and place this value in the chart. Also, calculate the average time value,  $t_{Ave.}$ , and put this value in the chart.

You are now going to use this data to calculate the velocity of the cart right after the launch (or you can think of it as the initial velocity of the cart when it is slowing down to a stop). For simplicity you are going to use a rarely used motion equation to calculate the velocity. The equation is ...  $d = \frac{1}{2}(v_F + v_I)t_{Ave.}$ . You are going to apply this equation to the situation of the cart slowing to a stop. So, your *initial point* is right after the launch and the *final point* is when the cart stops. The  $v_I$  is the initial velocity that you are trying to calculate. All the other variables are ones that you have measured or know by inspection.

**L)** Calculate the velocity,  $v_f$ , of the cart right after the launch (or right before the cart begins to slow to a stop, either way it's the same thing).

**M)** Using one of the digital scales in the lab, measure the mass of your cart. Record this value.

So, you are finally ready to deal with the energy part of this section. You might want to go back and reread your answer to **Question 3**.

**N)** Calculate the initial and final total energies for the launch. HINT: Remember ... when dealing with the launch the *initial point* will be right before the cart is launched and the *final point* will be right after the cart is launched and the spring is not compressed anymore. Also, you will be using the spring constant that you calculated from **Part 2**.

**O)** Calculate a percent difference. If you get a percent difference that is greater than 15% then go back and find your mistake.

### What You Need To Turn In:

On a separate sheet of paper from this lab manual answer all of the questions, including all of the charts that you are asked to draw.